



Surgical Excision Pre-Procedure Instructions Update 5/9/18

1. Prior to your procedure:

14 days prior, DO NOT TAKE aspirin or aspirin containing products, Naprosyn or Aleve, Advil or Ibuprofen, or other NSAID. **Tylenol is permitted.**

1 week prior avoid Vit E, Fish Oil, Ginko Biloba, and St Johns Wort.

3 days prior avoid alcohol.

If you are on prescription blood thinners please speak to the doctor at least 2 weeks prior to your appointment.

2. If you require antibiotics before dental work or any surgery, please inform the doctor at Enhance Dermatology so that this can be arranged prior to any surgical procedure.

3. Get a good night's sleep the night before your surgery.

4. Eat a light meal (breakfast or lunch) the day of your procedure, prior to your appointment.

5. Be sure to discuss with the doctor any allergies, bleeding tendencies and current medications being used.

6. Please be aware that you will have stitches after your procedure for 1-2 weeks. During this time you may have to limit physical activity for up to 3 weeks; please schedule your appointment accordingly.

7. SURGICAL EXCISION CANCELLATION POLICY

A large block of time is being reserved for you. If you need to cancel/change your surgical appointment you must do so at least 3 business days prior to your scheduled surgical date. The cancellation must be verified with one of our schedulers. **FAILURE TO DO SO WILL RESULT IN A \$200 NON-REFUNDABLE FEE.**

When scheduling or re-scheduling, **YOU MUST** make sure to inform the scheduler that you require a **30-MINUTE appointment for a Surgical Excision.** If you are not re-scheduled for a 30 minute appointment, there will not be enough time to perform your procedure.

If you have any questions please call the office at 201-307-0075